

10/25/2006



KRISH'S CORNER

MAN'S BEST FRIEND

The quest for humanity seems to be the search for unconditional love. We will relate to many things in the journey and come up empty in pursuits that leave us befuddled and stressed. Along the way will come the need for books that inspire, exercise programs that make you perspire, and forbidden fruits that seem to quench desire. All of these seem to pass as the inner void continues to exist and the roles of approval and disapproval continue to persist. Do you have a best friend that will unconditionally be there to hold you and console you? Will this friend stand in the gap of acknowledgement and praise your worthiness in a world filled with false praise?

The Chinese proverbs state that a journey of a thousand miles must begin with a single step. The Arabian Nights regale the mysticism of romance and the wonder of star-filled skies over distant deserts. The sub-continent of India claims a calm that arises out of peace and non-violence, and a tolerance that comes from seeing all facets of life every hundred yards or so. The West claims to know that the truth is self-reliant and the future is better when man is in control. Do we really have a friend when all the answers seem to be asking us to give control to others who have the same frailty?

Whether you have great faith, some faith, or no faith, your best friend is a power that resides deep within you. It is the benevolence of a journey that began before you did and will end long after you pass. This inner power is the spirit of hope. Hope is the best friend that rekindles in you the desire to pray for purpose and hope for results. Alfred Adler said hope is the foundational quality of all change. Hope is your best friend. Hope exists and you just have ask others who have it for direction.

Don't worry be hopeful!

"You were created to dream, empowered to plan and blessed with the insight to accomplish."

From my book the American Dream from an Indian Heart

